



Indigos, Crystals & Star Children: Who They Are - My Experiences

New Age Kids – Indigos

From my experience, *New Age Kids* have been around since the early 1970's, and shortly after my partner's 1st grandchild was born in the spring of 1998 I began noticing that her Aura pattern matched the Aura pattern that I had identifying as the *New Age Kid* Aura pattern. As she continued to grow, it became more and more obvious that her Aura pattern and behavior matched the *New Age Kid* Aura pattern that I had been aware of since the early 1970's.

However, it wasn't until 1999 that the first book by Lee Carroll & Jan Tober entitled "*The Indigo Children – The New Kids Have Arrived*" was written about these "New Kids." In their book Carroll & Tober state that the "term" *Indigo Children* was coined by Nancy Ann Tappe, when in the early 1970's, she began seeing a new color (*Indigo Blue*) around young children. Since in her experience this was a new color in her Life Colors System, she began "looking" for this particular color. She subsequently (1982) wrote a book entitled "*Understanding Your Life Through Color.*"

When my partner and I discovered and began reading Carroll & Tober's book, I realized that the kids they were describing in their book fit the same behavior & Aura pattern that I had been referring to as *New Age Kids* since my first encounter with them in the early 1970's. I thus realized that the kids that I recognized as *New Age Kids* were what Carroll & Tober and Nancy Anne Tappe have termed *Indigo Children*, and since that seems to be the accepted term throughout the literature now, I have adopted that term as well, although I also use the term *New Age Kids*, interchangeably.

A Softer "New Age Kids" Aura or Energy Pattern

In the mid 1980's I had my first encounter with a different – much softer *New Age Kid* Aura pattern child, which I soon realized was fundamentally different from any other energy pattern (Aura pattern) I had encountered up to that point. This little 3-year-old boy named Nattie (not his real name) was the child of a lady I was dating. His older brother who was about 5 years old, I had identified as a normal *New Age Kid*. However this kid's Aura pattern indicated a much more Spiritually Advanced and loving pattern than the other *New Age Kids* Aura pattern that I had been seeing up to that point, and he was indeed much more loving, very bright, and very Spiritually Aware.

This little 3 year old talked about his dad's "lights" (a term he had picked up from me), or his mom's or my lights as a normal part of conversation. Early on when he learned that I saw lights (or Auras) too, he asked me about what I saw and what certain colors meant – he was curious and would ask me to explain what certain things that he saw meant. When he learned that he could talk to me about these things, he told me that he

talked to and that God talked to him. One Sunday after returning from a Sunday School Class, he asked his mom and me about heaven and about Jesus. He said that he did not think that his teacher understood either one. He would make comments like that and then simply give you a hug and bound off to play. It was always such a delight because he would talk to me about something, ask a question, listen to my answer and then simply say “thanks”, give me a hug, and simply bound away to go play. I termed his Aura or energy field as a *Softer New Age Kid* Aura pattern.

After his mom and I broke up and went our separate ways, I began looking to see if I would notice this *Softer New Age Kid* Aura Pattern in other very young kids. About a year later I met another couple with a small child who displayed this same Aura pattern and as I interacted with the family I noticed that he too displayed the same lovingness and spiritual curiosity that young Nattie had displayed. As I continued looking, I began seeing more and more very small children with this same or similar Aura pattern and behavior and I knew that this was a new Aura pattern that was different from the original *New Age Kids* aura pattern I had first seen in the early 1970's. I referred to kid with this new Aura pattern as “*Softer New Age Kids*.” When I asked my Angels and Guides about this new Aura pattern, they reminded me that they had told me to continue to watch for this Aura pattern and that it would be changing.

Softer New Age Kids – Crystals

I had not heard the term ***Crystal Children*** until shortly after my partner and I discovered the *Indigo Children* book by Carroll & Tober, when we happened to pick up a copy of Dr. Doreen Virtue's little book entitled *Crystal Children*. Just as I had discovered in reading the *Indigo Children* book, that the *New Age Kids* Aura pattern I had (and continue to) notice was the same as what Carroll & Tober identified as *Indigo* children, as I read Doreen Virtue's book, I recognized that the kids she was describing in her book entitled *Crystal Children*, fit the same behavior & Aura pattern that I had been referring to as *Softer New Age Kids* since the mid 1980's.

In Feb 2001 our 2nd grand child was born and almost immediately I found that his Aura pattern was very different from his older sister. He had the *Softer New Age Kid* Aura pattern or *Crystal child* Aura pattern, and sure enough as he has grown his behavior is naturally much more loving and his energy is a lot softer energy than his older sister. His behavior fits the description Dr. Doreen Virtue lists for *Crystal* children. Similarly to my having adopted the term *Indigos* to refer to kids with the *New Age Kids* Aura pattern, I have adopted the term *Crystals* to refer to kids that have the *Softer New Age Kids* Aura pattern as well.

Several other books have been written on *Crystal* Children since Doreen Virtue's book (see the book list at the end of this chapter) but I consider her book to be the best one in describing the difference between *Indigos* and *Crystal* Children. However, she states that *Crystals* did not start “coming in” until the 1990's but from my experience, I have seen them from the mid 1980's as I described above.

Combination Auras or Energy Patterns

As I have become more and more sensitive to and aware of the subtle differences between the *Indigo* & *Crystal* Aura patterns, as well as within the *Indigo* & *Crystal* energy pattern grouping. I have determined that there are rarely pure *Indigos* or pure *Crystals*, but in fact most children and young adults have a combination Aura pattern. I have noticed that the *Indigos* without any *Crystal* characteristics have a much “harsher” energy pattern and are usually significantly less patient or tolerant than those that have some *Crystal* energy in their Aura pattern. Some *Indigos* that I have seen that have

turned off their sensitivities, or do not want to “be *Indigos*” I refer to as Reluctant *Indigos* or Repressed *Indigos* – there is a slight difference here that is hard to put in words, but it clearly shows up in the Aura pattern that I see. On the other hand, *Indigos* with *Crystal* energy in their Aura pattern tend to be much more open, and their energy pattern is a lot “softer.”

I have also noticed that children or young adults with a *Crystal* Aura pattern without the *Indigo* Warrior Spirit energy tend to be much more laid back, yet not shy, and tend to be seekers trying to understand what their soul’s purpose is. These children or young adults love being alive and having the opportunity to make a difference in the world. One trait that *Crystals* have that the *Indigos* do not is a love of being in their body and loving the opportunity to be alive. *Indigos*, can become quite morose about being in a human form, and as a consequence there needs to be a caution regarding them taking their own life – they can become that disconnected, whereas you would not find that in an *Indigo* with *Crystal* characteristics

Other Aura Patterns

My interest in and awareness of ***Rainbow Children*** and ***Star*** or ***Starseed Children*** is much more recent than my experience with *Indigos* and *Crystal* Children. Although I have yet to encounter what I would term a *Rainbow Child* Aura pattern, I am open to the possibility that they exist. However, until I am able to have someone point to a *Rainbow* child, and I am able to see their Aura pattern and determine the subtle difference, I don’t know how to talk about them, so I will simply say that some people apparently see an energy around certain children that they call a *Rainbow Child* but how that energy pattern or Aura differs from an *Indigo* or *Crystal* energy pattern I cannot say.

The most recent energy pattern that I have encountered is what I would term a ***Star Child*** or ***Starseed Child*** energy pattern. I am still in the process of trying to distinguish and understand the subtle differences in the Aura patterns of *Crystal* Children and *Star* Children, or what is sometimes termed *Starseed* Children. From what I see and sense, the terms *Star* Children and *Starseed* Children are synonymous for the same energy pattern – at least as far as I am aware. To me, although the Aura pattern of *Star* Children is very similar to the *Crystal* Children Aura pattern, there is an “other world” sense or feel to the *Star* Children’s Aura pattern that I am very much aware of and even my partner, who does not see Auras, senses this. However, in addition, with my psychic sensitivities, I have a “knowing” that they are from a specific different *Star* System. The ones that I have encountered so far have told me (in my mind or my psychic sensitivity) that they are from Sirius, Alpha Centauri, Arcturus, a star called Cygnus Alpha, someplace called Omega One, someplace called Romulus, and one toddler (about 2 years old) told me that he came from “the I” (in my mind I saw the Eye of God nebula [The Helix Nebula; NGC 7293] when he said this).

These children – the oldest one that I have encountered was probably about 3 – are very Spiritually Aware, have intensely bright eyes and when they look at you, they look straight through you to the core of your being. There is no hiding anything from these little ones. They will tell you who they are, not the other way around and you will know that what they say is true.

As fate would have it, our newest grand child, born June 2007 has the Aura characteristics of what I believe to be a *Star* child. She told me (mentally of course, at age about 5 months) that she was “from Arcturus – the same as you grandpa.” Very recently she also said to me (at 8½ months old, also in my head), “do you remember, do you remember” and then I saw (or she showed me, I’m not sure which) her as a young

graduate student of mine from England – I was her professor, and we were on a river in South Africa doing some sort of research. When she was born [cesarean] she was wide eyed and immediately looked around the room for her father and their eyes locked. Her father said that he immediately knew that he knew her from before. I picked up on the fact that he had been her father in a previous life and this life is to be a continuation of that life's loving connection. So far that seems to be continuing. I look forward to what the future will bring for her and what she is to teach her parents, her grandmother, and me. Her father, whom I have identified as a Reluctant *Indigo*, is about to get a powerful awakening – we will see how he does with it.

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