A Comparison of Evolution of Consciousness Models

1. Edgar Cayce - "14,306 Psychic Readings"
2. Don Beck, Ph.D - "Spiral Dynamics: Mastering Values, Leadership and Change"
3. David R. Hawkins, M.D., Ph.D - "Power vs Force: The Hidden Determinants of Human Behavior"
Two Evolution of Consciousness Models

Dr. Don Beck’s Spiral Dynamics Model

Dr. David Hawkins’ Scale of Consciousness Model

The momentous leap to 2nd Tier Being levels

Consciousness

Determinants of each other

Life Conditions

Seeds of Higher Consciousness

Emotion

Level

Power vs Force

The Hidden Determinants of Human Behavior
2 Spiral Dynamics Evolution of Consciousness Model

- **Don Beck**
  - Strongly Influenced by
  - An American Professor of Psychology at Union College in Schenectady, NY

- **Clare Graves**
  - The psychology of the human being is an unfolding, emerging, oscillating spiral process marked by progressive subordination of older, lower-order behavior systems to new, higher-order systems as man’s existential problems change.

- **Richard Dawkins**
  - A British ethologist and evolutionary biologist at Oxford University who popularized the gene-centered view of evolution, introduced the term MEME into the lexicon.

- **Mihaly Csikszentmihalyi**
  - A Polish-American Professor of Psychology at Claremont Graduate University who is noted for his work in the study of happiness, creativity, subjective well-being, and fun.

* From www.wikipedia.org
Spiral Dynamics Evolution of Consciousness Model

2nd Tier Being levels

1st Tier Subsistence levels

Consciousness

Life Conditions

Determinants of each other

100,000 yrs ago

1st Tier Subsistence levels

Magical

Speech / tool making

50,000 yrs

Instinctive

Natural / hunter-gathering

10,000 yrs

Egocentric

Agriculture / settlements

5,000 yrs

Magical

Speech / tool making

150 yrs

Sensitive

Resources / civil rights

30 yrs ago

Holistic

Individual / collective

2nd Tier Being levels

Integrative

One world / information

The momentous leap to

Oneness ???

Undefined

Don Beck

* From ETB Ministries, Harv Morrow
Spiral Dynamics Evolution of Consciousness Model

1st Tier Subsistence levels

- 100,000 yrs ago: Natural / hunter-gathering
- 50,000 yrs ago: Speech / tool making
- 10,000 yrs ago: Agriculture / settlements
- 5,000 yrs ago: Law & Order / Religion
- 1,000 yrs ago: Speech / tool making
- 50 yrs ago:
  - 30 yrs ago: Holistic
  - 150 yrs: Integrative

2nd Tier Being levels

- 30 yrs ago: Holistic
- 50 yrs ago: Integrative

Consciousness: Determinants of each other

Life Conditions: Seeds of Higher Consciousness

* From ETB Ministries, Harv Morrow
2nd Tier Yellow Integrative Consciousness

- Stay in Love
- Dare to Think
- Do it Right
- Make it So
- Be Brave
- Get Strong

Transcend Unhealthy MEMEs
WAYS THAT NO LONGER SERVE

All Level / All Meme Consciousness

Include
Scale of Consciousness Evolution Model

Strongly Influenced by

- David R. Hawkins, M.D., Ph.D
  - A Doctor of Chiropractic in Detroit, MI who “studied muscle testing techniques extensively in his clinical practice and made the breakthrough discovery that the strength or weakness of every muscle was connected to the health or pathology of a specific corresponding body organ.”
  - One of the charter diplomates of the International College of Applied Kinesiology (ICAK).
  - “His extensive volume on Applied Kinesiology. Provides a thorough exposition of the development of this field.”

- George Goodheart Jr., D.C.
  - A Fellow of the Royal Australian & New Zealand College of Psychiatry, and a Fellow & past President of the International Academy of Preventive Medicine.
  - His book *Behavioral Kinesiology* is a seminal work in the field.

- Dr. David S. Walther, D.C.

- Dr. John Diamond, MD
David Hawkins - Scale of Consciousness

Corresponding Spiral Dynamics Consciousness

Oneness ??

Holistic

Joy

Love

Reason

Acceptance

Willingness

Neutrality

Courage

Acceptance

Willingness

Neutrality

Courage

Enlightenment

Peace

Bliss

Serenity

Reverence

Trust

Affirmation

Truth

Pride

Anger

Desire

Fear

Grief

Value

Level

Emotion

Scientific / Sensitive

Authority

Egocentric

Magical

Instinctive

Enlightenment

Peace

Bliss

Serenity

Reverence

Trust

Affirmation

Truth

Pride

Anger

Desire

Fear

Grief

Value

Level

Emotion

Borrowed and modified from ETB Ministries, Steve Marcom
## David Hawkins’ - Map Of Consciousness*

<table>
<thead>
<tr>
<th>God-view</th>
<th>Life-view</th>
<th>Level</th>
<th>Log</th>
<th>Emotion</th>
<th>Process</th>
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<tbody>
<tr>
<td>Self</td>
<td>Is</td>
<td><strong>Enlightenment</strong> 700–1000</td>
<td>Ineffable</td>
<td>Pure Consciousness</td>
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<td>All-Being</td>
<td>Perfect</td>
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<td>Illumination</td>
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<td>One</td>
<td>Complete</td>
<td><strong>Joy</strong> 540</td>
<td>Serenity</td>
<td>Transfiguration</td>
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<td>Inspiring</td>
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<td>Demanding</td>
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<td>Disappointment</td>
<td><strong>Desire</strong> 125</td>
<td>Craving</td>
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<td>Miserable</td>
<td><strong>Shame</strong> 20</td>
<td>Humiliation</td>
<td>Elimination</td>
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</table>

* From “Power vs Force”, by David Hawkins, M.D., Ph.D.