

Philosophy, Format & Ideal of Indigos & Sensitive's Discussion Groups

Philosophy

The Philosophy of the ***Indigos & Sensitive's Discussion Groups*** is that everyone is born 'Psychically Sensitive' but most people turn their sensitivities off at an early age. However, everyone has the ability to reclaim their sensitivities through effortful Meditations, Attunements, and Prayers.

Format

The Format of the ***Indigos & Sensitive's Discussion Groups*** is an Open Discussion of individual's Spiritual, Psychic, and Dream experiences, which is designed to help individual's explore their experiences and develop their ability to reclaim those sensitivities. In addition, discussions include an exploration of what it means to be an Indigo or Crystal child/young adult.

The approach is based on a 'Christ oriented' philosophy but is NOT Christian based. It is *Spiritually* based and we attempt to honor and recognize all other Religious based understandings (Jewish, Buddhist, Hindu, Pagan, etc.) and the groups remain open to hearing ideas from all religious philosophies. The discussions are facilitated as a group discussion, not a coming together to hear the leader speak.

Ideal

The Ideal of the ***Indigos & Sensitive's Discussion Groups*** can be stated as follows.

To explore and understand our dreams, as well as other daily Spiritual & Psychic experiences and sensitivities we have, so as to better understand our Soul's purpose in this lifetime.

To explore & develop an awareness & understanding of our own God Consciousness, and to use our "God Given Sensitivities" to help our friends, family members, and others whom the Divine sends our way.

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