

## *Thoughts from Students and Clients*

The following are thoughts and testimonials from some of my students and clients I have met, *read for* and helped in some manner. I have used their given names unless requested not to do so. I greatly appreciate their writing and allowing me to use their statements and testimonials. I hope and trust that the reader will read them and find comfort in the fact that real help can be provided when one gets themselves out of the way and simply lets “Spirit” convey what is needed by those who seek.

### *Betsy Anderson*

I first met Lowell at a weekend workshop for *Indigo* children and their parents. I had never heard of *Indigo* children and my friend, Judith, who was hosting the event, said I should come. As a school librarian and former teacher of gifted children, I jumped at the chance.

The weekend was amazing. There were lectures regarding the student teacher relationship, healthy dietary choices and how parents could support their *Indigo* children. Of particular interest was a symposium of young adults who described what they ‘saw’ and experienced.

Lowell held his hand out and asked the participants to tell him what they saw. The children wrote their answers on a piece of paper, folded it, keeping their answers private. At first I saw nothing, but then I saw energy waves coming from his motionless hand. I had never seen that before. I thought of a ball, but put down something else, thinking that was silly. To my surprise, most of the *Indigos* thought it was a ball of light and Lowell confirmed their answers.

I met many delightful people who shared extraordinary spiritual gifts. I had never been with so many individuals who could see the “unseen.” Many could see auras, some saw spiritual beings and “balls of light” or angels. I was introduced to a community of people who felt free to share and explore, with Lowell’s guidance, their gifts of spiritual perception.

At the end of the weekend I had my first reading with Lowell. It was very emotional for me, as he seemed to know me inside out without me telling him anything but my name. He said he could see a lot from my aura. Without going into personal details, I came away from that first reading with the ability to be a stronger person and a better marriage partner. A message from my daughter, who died in 1995, was particularly valuable: Put up a fence. Using the fence imagery has helped me mentally stand back and not take things personally.

My road to becoming a happier person started with my encounter with Lowell. I have had two other readings and in each one he has given me useful insights into my current behavior and thinking. My daughter came through again and thanked me for writing a book about her. Lowell had no knowledge of the book I had written several years earlier.

At another session with my twin he told us we had been together in many life times and told of a time when I had broken my left leg and communicated, telepathically, my cry for help to my twin. We do have a strong telepathic connection and I have a skin discoloration on my left leg, which he has never seen.

Lowell is an amazing person. I admire him for his abilities, but more for his humility and a willingness to help others. I have referred friends to him and they are very grateful for his advice and counsel. I have been to other psychics, but none are as personable and as “down to earth” as Lowell. He has been truly blessed and he is a blessing to me and countless others. The world, at least my world, is a better place with Lowell in it.

***Thanks,***

**Betsy****Denise Fleissner**

I initially had a reading with Lowell in April 2004 following an *Indigos* workshop he conducted. He helped me with some issues I was working through with my divorce and told me and my young son Luke that he had the ability to heal. A few days later I got to experience Luke healing me from a debilitating pain. I talked to my family members and friends about Lowell and how accurate and helpful his reading had been for me.

When my beloved sister Regina passed away in 2006 at the age of forty-five, leaving behind two teenage daughters and an abusive, emotionally toxic husband, our entire family was devastated. Regina's death was sudden and unexpected, and her departure left us all feeling emotionally paralyzed and scared for her daughters' safety. For months following Regina's death, she appeared to each of us in different ways. For three of us, it was in our dreams. For her twin, Yvonne, she came to her as the scent of her favorite perfume so Yvonne would know it was her. But for my parents, especially my mother, she presented herself in almost physical form, while Mom was awake.

As these encounters continued to surprise the family, I began sharing my experience with Lowell, and how he helped me through a painful divorce years earlier, and also how he helped my kids understand who they innately are based on experiences they had been having at school, at home and in their dreams.

My youngest sister, Kristen, a complete skeptic on anything non-scientific, asked if I thought Lowell could help her get through the many struggles she was having over Regina's death. I told her I knew he could. We all needed peace, but especially for Kristen, she needed forgiveness and healing that no one on this earth could give her. She needed to say goodbye. I arranged for Kristen and I to have a joint reading with Lowell.

When we arrived at Lowell's home, Kristen was scared, "What if I can't take what he says?" she said with a panic in her voice.

"Just go with what your heart feels," I told her.

"But what if I cry?"

"Then let it out"

"What kind of questions will he ask?"

"Your birth name and permission to access your *file*."

I didn't even get into that part with her because I knew he would explain, basically, he needed permission to access Kristen's file in a "heavenly library" to make sure he had the right information.

What I can tell you is that what Lowell was able to share, changed my family's life, forever. Within the first few minutes of being able to connect with our deceased sister Regina's energy, Regina told Kristen she was "sorry" for things she had done in our childhood, and now that she had this opportunity to communicate, she wanted to make it right. Kristen instantly burst into tears. As the reading continued, Lowell was able to articulate that Regina was showing him a hairbrush and telling Kristen she was sorry for pulling her hair when they were kids. Kristen cried harder. Then Regina told Kristen she was sorry she rambled on so much when she talked because she knew it was hard for Kristen, but that's just who she was. Kristen slouched forward and threw her face into her hands weeping, "It's me," she said. "It's me who is sorry Regina. I didn't listen to you and that's why I'm here to tell YOU that I AM sorry." Lowell waited patiently.

Kristen went on to explain to Lowell that she carried a tremendous amount of guilt for shutting Regina down over the years because Regina was an elaborate speaker and writer, and Kristen just stuck to the facts. They butted heads often over 'words' and Kristen simply had no tolerance for Regina's inability to

leave her husband and make life better for her girls. Lowell listened, nodded his head and closed his eyes. Then he began again.

“Regina has two daughters,” he said. We shook our heads yes. “And her husband, he’s a ‘small’ man, in the mind I mean. He’s controlling and hard to live with,” and he was absolutely right! Kristen said, “Yes, he is. And we’re worried about the girls. Regina, what do we do about the girls?” “We are trying to get custody of Julia, Regina, but we’re not sure if that’s the right thing to do. We’re scared and we want to know if we’re doing the right thing?”

“She is sitting down,” says Lowell. “She is telling me that she has to come back to this question because she needs to think about it.” Kristen and I spent the next hour asking questions specific to all of our lives. With each question, Lowell was able to articulate what Regina was trying to tell us in ways that felt perfectly right. “She’s a feisty one,” he said at one point laughing. And she was. Then, all of a sudden, Lowell stopped talking and asked for a moment to get clarity on something. It took about thirty seconds and then he said, “She is ready to talk about the girls again. She is telling me that she is torn about separating the girls from the father because he is their only surviving biological parent, but that it’s the right decision to get Julia and Elizabeth away from him.”

Lowell went on to tell us we would need to act swiftly but not to worry, David wouldn’t resist us. He never did. She also warned that David was hiding something, something he did before she died, and that she would do everything she could to help us figure that out. We never did figure that out, but maybe it’s still coming. “And tell Dad that it wasn’t his fault,” she said. “Tell him that I finally got one up on him,” and we sat there in amazement. Lowell explained that the relationship between Regina and Dad included a lot of bantering back and forth about who was right, but it was a genuinely loving ritual and something they both enjoyed. He was right on the money. And what Regina was saying was important because Dad blamed himself for her death because he wasn’t able to get her out of her marriage. And she wanted him to know that it wasn’t his choice this time, it was hers, and dying, ‘til death do us part,’ was her way of saying, “Gottcha.” It all made perfect sense. The entire reading made perfect sense.

When we were done, we thanked Lowell and he gave us a warm, meaningful hug. I knew he would hold the light for us, because that’s just who he is. On our way to the car, I asked Kristen how she was feeling, “Do you feel more at peace,” I said.

“I am tired but very peaceful,” she said. “I mean, Regina was in the room with us! We were talking to her. And there is no way Lowell could have known any of that about Regina, her girls, David or anything we talked about because we never gave him any details.”

“That’s right,” I said. “He has a gift and I trust him. I’m glad you do too,” and then we both got in the car and silently drove home. Kristen sent a beautiful, healing email to the family explaining our experience and the gentle and loving way this total stranger was able to bring her close to her sister again. A few weeks after our visit with Lowell, Yvonne, my oldest sister and Regina’s twin, needed a break, so she and I flew to Florida to hang out with Mom and Dad. Our first evening there, I played the cassette tapes Lowell recorded for us of our session. It’s a wonderful thing to be able to go back and listen to the experience over and over and over. It’s very healing. As I played the tapes, my mother was silent, Yvonne was somewhere far away, and tears silently streamed down my father’s face.

“He got it all,” my father said. “He got every bit of it. This guy is for real.” From that day forward, we have never again felt uneasy about Regina’s passing. Lowell was able to provide a safe, warm forum for Kristen and I to communicate with someone we loved and missed dearly, at the same time, never giving us the feeling he was any more special than we are. Even though he is.

I am delighted to say that Lowell is a household name for us now. His reading brought closure to so many of our unresolved feelings, especially my parents, and my family is transformed. We have always “known God,” but now, we each understand, at our own level of comfort, that death is not division, it’s just another dimension.

Kristen wrote to Lowell several months after our reading and asked if she could come more regularly because he's like a drug for those who need answers. His answer was refreshing. "Kristen, you have within you everything I do, we have just developed it differently. Trust your instincts and feelings (like Regina told her to do), and come back and see me once a year, to check on them." What is so lovely about Lowell is that he didn't encourage her to depend on *him*, rather he encouraged her to trust herself, her feelings – our greatest gift!

*Sincerely,*  
*Denise Fleissner*

### *Rachel Wilson*

My three sisters, mother, and I have had sessions with Lowell over the last few years. We usually schedule consecutive appointments and then meet up at a restaurant or someone's home later to exchange stories. Many times, Lowell's readings have given me chills, moved me to tears, and made me see things in an entirely new way. The most significant for me, however, was his reading about my third child, Elena Catherine.

I was a mother of two when I saw Lowell in the late summer of 2007. I asked many questions during our session about my life, my family, finances, work, etc. When speaking about my children, Lowell told me that I had a strong capacity for another child. He told me that I had a lot of love to give. In my mind, I was VERY MUCH done having children. I loved my son and daughter, and had just gone back to work after being a stay-at-home mom for four years.

When I found out I was pregnant, I thought of Lowell pretty quickly (and cursed him, just a bit...I thought perhaps his information made me "invite" this pregnancy). I was not at all excited or happy to be pregnant, as awful as that sounds, it was the truth. When my sisters wanted to give me a baby shower, I requested that we simply book appointments with Lowell and then gather together. They honored my request. This unborn child was the main topic on my mind at that session. Lowell immediately started explaining to me who she was. He told me that this was a second chance connection and that six years ago, she was ready to come to me, but I wasn't ready for her. Now I was farther along in my spiritual and life journey, so I was ready for her illuminating soul in my life. He had no way of knowing that six years prior, I miscarried my first pregnancy.

As soon as I processed the information, I was at peace and already in love with this "unplanned, unwanted" child. Elena was born about six weeks later. I'm so thankful that Lowell was able to make the connection for me so I would stop resisting and resenting her arrival. She is a light in our family's life and brings the deepest joy to my soul.

*With gratitude,*  
*Rachel Wilson*

### *Janne LoFaro*

Over the years I have had many readings on my journey to understanding my soul, where I've been, and where I'm going. By far, Lowell's readings are more accurate, more revealing and always timely. When my husband and I met Lowell we were trying to have a baby. His readings helped me through the emotional process. I was also encouraged to hear my guides supported me with empathy and love with my desire to be a mother. Although, in the end, I didn't conceive a child to term I knew there was a little soul waiting for us so we adopted our daughter in December 2005. We are so blessed to have found Lowell. Lowell's readings and insight helped us find our path to our daughter.

I have suffered from severe headaches for the past eight years. I've tried all sorts of medical and alternative therapies that haven't given me much relief. The headaches started to occur once a month but throughout the years became a daily occurrence. So my quality of life was about 0% because I was

always in so much pain. Through readings with Lowell I learned that in a past life I was brutally stabbed in my neck/back and had a slow painful death. The pain I feel when I begin to get a headache is in my neck. This made so much sense and gave me a better understanding on how I can "let go of the past" and "forgive" so that I could learn to live without the pain. With that information, along with Lowell's help in identifying which practitioner could help me, I have gone from 0% of quality of life to about 80% so far. I'm working on 100%!

***Kindest Regards,  
Janne LoFaro***

### ***Joe LoFaro***

I first met Lowell at a seminar he gave on *Indigo* Children at Unity Church of Fairfax. He was personable and enthusiastic, and expressed ideas that require some degree of spiritual faith in practical terms satisfying the "engineer" in me. In fact, I found out later that we had several life experiences in common. Needless to say, he made an impression that led to my wife and I turning to him for closure in a difficult time, and then periodically to seek insights or validation of our paths individually or as a family.

Some examples of Lowell's readings having a profound impact included our resolving to adopt to add to our family, our move process from Virginia to North Carolina, and some health related issues. They have helped me though a difficult work situation, validated that I am not "lost" but on my soul's spiritual path, and to trust in my spiritual guides and The Universe. It has been amazing to experience the "ah ha" moments during Lowell's readings, and I am filled with gratitude that we have crossed paths in this life.

***My Heartfelt Thanks,  
Joe LoFaro***

### ***Kyla Dean***

I was referred to Lowell Smith by my Chinese acupuncturist, as she thought his gifts would be able to help me to improve my health. I had nowhere else to turn as I have an incurable, non-life threatening, disease. I was up for anything so I made an appointment and my world, my universe and my mind was opened and expanded in ways I never dreamed possible from that first visit.

Not only did Lowell help me with my health, but he led me down a path of understanding of how a disease stems from several factors of physical, mental and spiritual health. He taught me to look inside myself to realize I have a very special gift of intuition. Through his teaching, I learned to hear and follow my own intuition and to trust in it. It has never let me down and I've learned it is really the most reliable ability I have. If I do not listen to it and I go against it, life will come full circle and show me a little lesson; as if to remind me to listen every time. It is an art form, in a way, that will take this lifetime to master.

As I grew and developed my intuition with the patient mentoring from Lowell, I found I had other skills that were more in-tune to the Spirit world. The most eye-opening was the day Lowell invited like-minded individuals to a historic site so that we could all explore our intuitive and sensitive abilities together. We could not research the location before the day of the trip but were instructed to just show up and see what happened. I did just that. On an early weekend morning, my adventure started as I turned down a long gravel driveway off the main road. It was a tree-lined drive with sun gleaming in through the leaves. It was a crisp autumn day and I could 'imagine' horse-drawn carts and carriages coming to and from the estate as I got closer. It seemed to me to be an estate right out of a show on television with a main house, barn and other various buildings strewn about the property. To me, it was like stepping back in time...to a time I never really thought about much before that day. Lowell instructed us to be quiet and just walk around the property for an hour then we would all get together on the porch to have a discussion.

I walked in the front door and my ‘imagination’ flipped on like a switch. To the left was a living room area with a big fireplace. I could envision a woman sitting there in a rocking chair with a needle-work on her lap and a calico dress on. It was the perfect spot to watch the front door and the comings and goings of the people of the house. Walking toward the back of the house, I could envision men gathering in a room looking at maps or drawings. It felt very stern and full of authority in that area. I walked up and down the hall a couple of times and kept envisioning a man in a gray military uniform with a big hat on. He was walking down the hall and out of the house with authority. I kept thinking “Colonel Custard”...but not knowing anything about history [I] had no idea what it meant.

Walking into the back yard, I envisioned picnic tables and women gathering food, kids playing among the trees and men gathering off to the side and back of the property to discuss the dynamics of war that the women and kids should not hear about. I could see several men in dirty uniforms coming through the forested area at the back of the property and setting up their tents on the property to the side and front of the house.

I walked into a small building that seemed to be a kitchen. I got so dizzy I had to sit down. I couldn’t shake it for a long time. I looked around the room and something didn’t seem right but I didn’t know what. I could see women of different nationalities cooking over hot pots and baking bread. I finally cleared my head, stood and went upstairs. My heart felt so much compassion in the upstairs chamber. I could see a woman looking out a small window facing the long driveway. She seemed to be longing for someone to return. I felt that her love was immense but that it was a hidden love; perhaps not one people would approve of. I felt like it may have been a mixed race relationship but couldn’t be specific. I felt the man she was waiting for belonged on the estate and had some authority but was a working-class man. I felt so dreamy in that little bedroom above the kitchen. I stayed for a long time and could have stayed for much longer.

We all gathered on the porch and the care taker of the property and the docent were there to verify facts with us; they had the history of the estate and surrounding area. Many people saw various things that day but I can only tell you of my own experience. Feeling a bit foolish, I raised my hand to speak of things that I imagined could have happened on the estate. As I described what my imagination conjured up, the owner of the house verified that one of the wives of the estate during the war, indeed, sat in a rocking chair doing needle-point and keeping warm by the fire. She verified that Colonel Custer had visited the estate at one time. She explained to everyone how there used to be an ice house in the back of the property where the men would stand behind, smoke cigars and talk of the war, out of ear-shot of the other family members. There was no evidence of the icehouse, by the way but it was in the exact location I spoke of. The docent also confirmed that troops would arrive by a river that ran behind the property, come up through the woods and set up camp in the exact locations I described. I spoke of the couple that had a secret affair and the docent told the story of the cook and the groundskeeper who had fallen in love. Due to the good nature of the owners, they let the couple live on the property in the bedroom above the kitchen. The owner explained that the kitchen area had been remodeled at one point. Lowell explained to me that intuitive people ‘see’ things as they were back in time. I was getting dizzy because what I was ‘seeing’ was not how the kitchen looked on that day. I had never heard of that but was fascinated.

Lowell and the *Indigos & Sensitives Group* over the next few weeks taught me that the *gift* I had, was seeing the “energy signatures” of the people that used to live and visit the estate. I did not know what to think about this gift and was freaked out by the whole day. It took me several days to calm down and understand what had happened that day.

That day was the beginning of my path of spiritual enlightenment and all things metaphysical. I know now that I have always had this gift and I have these visions in most historic sites. I just thought everyone had them. I know now that this is one of my sensitivities. That day, opened up so many more abilities and I have been growing and developing ever since. Thanks to Lowell, I now know the difference between an energy signature and an actual Spirit that may need help crossing over (which I have learned to do, as

well). I now am no longer scared by what I *see* but use each experience to develop my knowledge of living in this physical body during this lifetime.

With Lowell being my mentor, I was able to create positive energy in my life and Aura and attract the love of my life, my husband. Not only is he a great man, but he is accepting and supportive of my developing my sensitivities. I now know that I can achieve anything and the universe will support my initiatives just as long as I set my intentions to do so.

Through past life readings with Lowell, my husband and I learned that we have been married several times in past lives. During one session, my guides explained to us that in one lifetime, our son was trying to impress my husband and fell off of a high wall and died. I never forgave my husband for letting that happen, even after many lifetimes. I carried the hurt through many lifetimes and into this one. Maybe you could have guessed that the disease that I originally came to Lowell for help was endometriosis, which is immensely painful, and infertility. Through Lowell, my guides advised that I forgive my husband so that I can mend in this lifetime and move on. I verbally told my husband that I forgave him. It made me teary-eyed to say the words. To me they seemed meaningless but to my soul were the words that tore down a dam of emotions. Through that statement and various holistic health avenues, I have been able to eliminate almost all of the pain from the endometriosis. In fact, we are currently being tested to find out if we can have a family in this lifetime together. If we are able to conceive and have a child, it will prove to us how powerful the act of forgiveness really is. Only time will tell.

I cannot thank Lowell enough for the time and caring guidance he has given me over the years. Without him, I would be shut off from the spiritual world and from knowing myself. I hope that someday, in some lifetime, I will be able to return such kindness.

***Regards***  
***Kyla***

### ***Cece Charles***

It was the spring of 2004, and it had been years of suffering from what I thought was an odd “sleeping” problem. I was exhausted, burnt out, and over speaking to doctors who said everything appeared to be fine. My mom set me up with an old work acquaintance that was now practicing past life regression therapy. She thought it would be beneficial to explore other avenues, which might not be open to doctors of conventional medicine. Of course, I was nervous to meet with Maureen and talk about what I was experiencing. Half of the time it sounded crazy to me! When I first arrived at Maureen’s, I was shaking with all sorts of emotions. Almost instantly she called a friend from church named Lowell Smith. She explained to me his extraordinary abilities, and said, “He will be able to tell you if there is something else going on, that maybe I cannot see.” Before I knew it, he was on his way over to the house to meet with me.

I remember so clearly what the meeting did for me. He told me right away that I was very psychically sensitive. He also said in the most serious but comforting tone, “and I can see what you see.” Those words lifted a huge weight off of my shoulders. He then began to explain in detail (which he could not have known unless he was me!) what I experience almost nightly, and based on my aura pattern what *gifts* I have. I didn’t even have to explain anything, he already knew, as though he was just thumbing through my memories. As Lowell, spoke he said, “You get drained very easily. For example if you were to walk into a Costco, by the time you get to the meat section, you are drained of all your energy. The same thing happens to me.” He continued, “As someone who is psychically sensitive, it is especially important for you to hold onto your energy and protect yourself.” Lowell then introduced me to the Robe of Light Protection Prayer and explained how it protects your energy from other entities. He validated so many things for me. I couldn’t help but almost cry! I was so happy to have an answer! So glad I wasn’t losing my mind, and grateful I had found the puzzle piece that seemed to be missing. Lowell also told me he was being led to begin a support group for *Indigos* and physically aware teens and adults. It was May when I

came home for the summer, and I went to the first meeting. I have been a member of the group ever since and it has helped me in so many ways.

After meeting Lowell and becoming apart of the group; my life has never been the same. Lowell has helped me begin to formulate a vocabulary for what I had been experiencing for years! I learned from him, I was an *Indigo*, and what it means to be termed *Indigo*. Something I had never even heard of until 2004. I learned the people I saw in my room weren't just figments of my imagination. The objects levitating, knowing things without explanation, spiritual visitations, seeing orbs, being sensitive to energies; all of it . . . wasn't just apart of some sleeping problem, it was so much more! He has guided me from being down right scared and helpless, to being in control and a work in progress. He provides loving encouragement, and opportunities to expand and nourish everyone's gifts. Lowell has really created a positive, loving, and sharing energy, for a beautiful grouping of extraordinary people.

There is never anything that can slip by him either! For example, almost always, Lowell will know things about me, before I do (or before I am willing to admit it myself). For instance, I will sense something, and hesitate to mention it in front of the group. He will look right at me and say, "I already know, go on and share, don't be afraid." I remember when we went to Harper's Ferry for a ghost tour. What an experience for a group of sensitive people! Our guide was amazed how Lowell knew stories and sensed entities, which she herself knew of, but never mentioned to anyone. From our visits to Harpers Ferry and graveyards, to our weekly meetings, I have seen a change in not only myself, but other group members as well. By being a part of the group, and listening to what others see, feel, hear, etc. has lead me to become more knowledgeable about what I experience. Lowell has taught me how to simply "be open," and living this way I can experience a much fuller and richer life. He is a wonderful teacher, who guides me on my own path, and who guides the group so we may continue to practice our purpose. It's a blessing to have a spiritual coach, like Lowell who has given me the wisdom to see the light, encouraged me to embrace my gifts, opportunities to explore a beautiful journey, and a place where I might help others.

***Thanks,  
Cece***

### ***Justina***

I have always been highly intuitive and sensitive to energies so when I came across a flyer sponsored by the A.R.E. for a workshop to develop your psychic abilities, it grabbed my attention and I felt compelled to attend. As I was sitting in the audience I found myself leaning forward and looking at a man [Lowell] that felt very familiar to me and I noticed (to my amazement) that he was doing the same thing to me! We both recognized each other though I had never seen him or met him before in my lifetime or shall I say "this lifetime."

During a break in the workshop, I made a beeline to Reverend Lowell K. Smith and we struck up a conversation. For some reason I kept seeing in my "minds eye" Ancient Egypt and Lowell in ceremonial garments. I told him this and he stated that in fact we had a lifetime together in Egypt. He was the High Priest and I was a Priestess of the Temple – one of his students. I thought, "No wonder I kept seeing Egypt!" During our discussion he said that he had started a Teens and Adults support group for *Indigos* and psychically sensitive people and that it would be very beneficial for me to attend. I went to the next meeting and have been attending those meetings every week since then. That was about four years ago. The group has provided a loving and supportive environment where I can share, explore and expand my psychic sensitivities or abilities. As a result, my abilities have grown exponentially. I now understand the phenomena I am seeing and experiencing. I also feel that I am much more "in tune" with others and myself. I find I am able to tap into another person's thoughts or emotions more readily since coming to these weekly meetings. One time when Lowell was going to be away for a few meetings, he asked me to

lead the group in his absence, which I agreed to do and discovered that my psychic abilities as well as my leadership abilities were expanded to a significant degree.

I have had several psychic readings with Lowell and have found them to be extremely accurate, helpful and relative to the experiences in my present life situations.

When my father had a series of strokes and was in failing health, Lowell made visits to the Hospice facility, Nursing Home and even to my parent's house to assist my father with healings and help him during his transitions. During the healings I was able to see the light around my father and the light of different colors that Lowell was channeling into my father's energy fields and physical body. Lowell helped me realize that I too have the ability to heal. When my father's time came to cross over I was there to help him transition and I saw the beautiful light embrace him. It really helped my father and it also helped me come to terms with my father's passing. My father and I have always been very close and have always had a special bond with each other. Even though my father passed in October 2006, I can still see his light and sense his energy, which gives me great comfort.

Through Lowell's expertise and guidance I always feel comfortable in sharing my visions, my past life recall experiences, and find clarity, further insights, and profound meanings of my dreams. Lowell and I have a strong bond or connection that spans great distances and many lifetimes and I greatly value and appreciate that connection. It is not uncommon for me to get a phone call to hear that Lowell knew that I was thinking of him and that he was sending me additional energy that I needed. I had to learn to stop taking on another person's pain when Lowell called me from Tucson to "cut it out" – stop being so empathetic. I needed to focus on my own needs. I now know the importance of recognizing a need, sending energy of Love and Light to an individual or situation without having to take on and feel the energies as my own. That has been a very valuable lesson that Lowell taught me and that I am now able to share with others.

Lowell has helped me tremendously in my spiritual, personal and professional lives. I feel that we have helped each other in many ways. I feel that I was guided to be there at the workshop in 2005 to reconnect with Lowell once again in this lifetime and I feel fortunate and blessed to know him.

***Love & Light,  
Justina***

**Comment:** Justina is one of my most sensitive students, and just as in several past lives where she was also my student, she has excelled in her personal Spiritual and Psychic development. As Justina indicated in her testimonial, when I am physically not present for the *Indigos & Sensitives* meetings she facilitates those meetings and has done an outstanding job of doing so. At some future time when I either move away or pass on, I will be assured that I will leave this group in great hands.

***Lowell.***

***Anne Marie Clotworthy***

During my first of two readings with Lowell, he told me quite a number of personal details from my childhood, which he could not possibly have known. He received this information about me and it was not random, but involved specific events which have been pivotal to my development. Lowell seemed to be in a serene state while he spoke, and he seemed to be maintaining a connection to some fine, beautiful light-filled Source. Lowell delivered messages regarding events and themes in my life and he was able to explain to me how these events were related to my life's purpose. Lowell understood the meaning of the challenges I faced in my childhood within my own family, and that there was a higher purpose at work in these events. This was enormously comforting to me and gave me insights.

Lowell has a rare gift and a mission to help others. He is absolutely honest, sincere, and genuine in how he uses his psychic abilities to help and educate others.

I attended Lowell's support group for Sensitive Teens and Adults and learned things, which changed my life. Lowell taught us that it is quite normal to have these sensitivities, and that many of us learn to block or ignore these abilities and so they atrophy. Prior to joining this group, I had for the most part (except for when I was involved in healing activities), felt that the guidance I heard in my head, the strong physical sensations I received, and the vivid, highly specific dreams were a weakness and an annoyance. It turns out that these phenomena are called clairaudience and clairsentience and we all have these to some degree because it is written into our DNA. I now know how to better manage these sensitivities so that they are a help to me, rather than a puzzling hindrance. I learned techniques for how to better protect myself from negativity and negative energy.

As a result of Lowell's readings and support group, I returned to school and embarked on a new direction in my career. This is going very well, and despite many people who tried to dissuade me from taking this new direction, I used what Lowell taught me, and I followed the spiritual guidance we all can have access to. I learned how to get energized by my children versus drained, especially by my *Indigo* child whom I learned to understand in a spiritual way.

Lowell arranged a field trip to Weston House, which is reported to have Spirit activity, and my experiences there confirmed that I sense "them" through specific physical sensations. I felt a deep, penetrating, heavy coldness many places in the Weston House, which had an unusual quality, that I don't ever recall feeling before. I am a slim, middle-aged person who runs and works out regularly and I have no heart or lung ailments. I remember walking up a short flight of stairs to an upper room at Weston house. I could hardly make it up the stairs, as my heart rate became very rapid and I felt crushing weight on my chest, and I had difficulty breathing. I felt sick. I made a mental note while this was happening to me, although at the time it made no sense to me and felt alarming. I thought, "What is this, why do I suddenly feel this way, it feels like something is pushing on me?" These physical symptoms went away when I went to another area of Weston House. I later found out that this upper room had been used for very ill patients with serious heart conditions. There were more incidents in the house, and many others in our group sensed or saw things too.

I greatly appreciate all that Lowell has done for me and am grateful that he continues helping others make sense of things that seem "crazy." They are in fact real and when you understand them, it can greatly enhance your life. Thank you Lowell for being you.

*Sincerely,*  
*Anne Marie Clotworthy*

*Siobhan Rice*

In 2005, when my spiritual life was at a point where some expert guidance to help me better understand what I was sensing and experiencing would have been very welcome, Lowell Smith appeared in my life – as if by magic. His extraordinary ability of being able to bring information from the higher realms of consciousness, and then help me do the same, has assisted me greatly in having a deeper understanding of all aspects of myself.

Over the past few years I have had several psychic readings from Lowell and the answers have always produced that 'ah ha' moment of "Now I understand, now I see the pattern more clearly." For me, having a reading is a bit like being reminded of information that I once knew but had forgotten. The guidance I have received from Lowell has always been applicable, meaningful and relevant to my daily life; for what use is a psychic reading if it doesn't change your perceptions of how to look at life? What use is past life information if the traits from those past lives cannot be understood in the context of your present life, thereby changing your behavior? All good psychic readings should assist our spiritual journey and any reading I have had from Lowell has been very beneficial and done just that.

Lowell also devotes a lot of his time and energy to helping people realize their potential and to understand their own sensitivities. To assist in this work he started two groups several years ago called *The Indigos & Sensitives Group* and a *Search for God Group*. I personally attended both of these groups for a long time and I was very grateful for the friendships and the sharing I encountered there.

In particular, as a parent of both *Indigo* and *Crystal* children, Lowell's interpretations of their traits and characteristics were unfailingly accurate. I watched with awe and interest as he assisted many parents and children who attended the *Indigos & Sensitives* meetings to better understand their own particular sensitivities.

Nowadays you can find psychics just about anywhere but finding a good one is a real blessing. Lowell's appearance in my life has been a Godsend and I greatly appreciate his friendship and support in helping me join the proverbial dots in my life.

***Thank you Lowell,  
Mary Siobhan McGibbon [Rice]  
The Paul Solomon Foundation***

### ***Connie (Walker) Hartz***

Lowell gave a reading for my granddaughter, Jackie, from a photograph. He said she was a *Crystal* child, had three Spirit Guides, had the ability to discern what plants needed, had the ability to heal, etc. Jackie was about eight years old at the time. I did not know how to talk to her about what Lowell had told me. I wanted to be sure to nurture or have nurtured the *gifts* she had. These little ones are so important. But what to do!

#### **Confirmation of what Lowell told me about Jackie.**

I was visiting Jackie – she was now nine years old. I told her I had something on my hand and could she look at it. She looked at me and calmly said, “*Sounds like you want me to heal you.*” I was hemming and hawing not knowing what to say. Her words – and the way she said it – blew me away and my mistake was not to go further with it.

On her tenth birthday I called to wish her Happy Birthday. She mentioned she had a bad dream and that she was keeping a journal of her dreams. I told her she had nothing to fear, the angels were around her. She said, “Oh, yeah, I know” in a tone that said, “So what else is new.” I thought now is my chance to broach the subject of Spirit Guides. I said “and you have your guides.” Her response: “Yes. I know Charles, he is teaching me to look at the future and the past but I can't always tell the difference but I don't know the names of the two girls,” confirming what Lowell said – she has three guides. And she was familiar with them.

Jackie is now fifteen and a typical teenager. God help her parents! When she was visiting me in Virginia Beach at Thanksgiving last year, she wanted a massage so I arranged for one at A.R.E. On our way there, she said, “I know I can heal but I'm not sure how to go about it.” After the massage we went to the bookstore and picked out a few books on the subject.

Thanks, Lowell, for giving me insight into Jackie. Continue your work with these precious *Indigo* and *Crystal* children.

***Much Love,  
Connie***

### ***C. Cohen***

I met Lowell in August of 2008 when he did a brief Aura and Past Life Regression reading involving my late husband. The information was startling and valuable, leading me to recommend him to a family member and an acupuncturist who both found his work to be superior.

Since then, I have consulted Lowell about various business and family problems and have been struck by the accuracy of his readings on individual's strengths, weaknesses and motivations. He is an amazingly perspicacious person who I continue to value as an adviser.

*Very truly yours,  
C. Cohen*

*James E Shotts, MD*

I first met Lowell at a meeting in upstate New York held at Omega Institute conducted by the best selling author on Past Life Regression, Brian Weiss, MD. I knew immediately that Lowell was someone very special and one who indeed possessed extraordinary gifts. During subsequent conversations, I came to realize he was a gifted psychic, and one who was grounded with integrity, wisdom, and compassion. His mastery was clearly apparent.

I look forward to the opportunity of future consultation with him, and the benefit that can be derived from his insight and guidance.

*Thank you,  
James E Shotts MD*

*The Abarcas*

My husband and I met Lowell at a past life regression workshop at Omega Institute in the summer of 2008. After the week-long workshop was over, I asked Lowell if he had time to do a brief reading for us. Since the five-day workshop was very intense, I was not sure that Lowell would have the energy; however, he graciously agreed stating that he never felt too drained to do a reading.

Lowell first did a brief, past life reading for me. During this reading, he pulled information from the Akashic Records to help me better understand my life's purpose. The lifetime that he accessed had a powerful parallel to my current lifetime. Since I had just met Lowell and had not talked about my current life, there is no way he could have known about my current job situation. Learning about this parallel and contemplating Lowell's reading, helped me to see my life's purpose in a different way. I had just begun to examine my own religious beliefs and spirituality and Lowell's reading supported this journey.

Lowell next did a reading for my husband, Alberto. My husband's reading was even more life changing than my own. It explained so many unanswered questions in his current life. For example, his stomach has always slightly bothered him and no doctor has been able to determine the cause. It all made so much sense when he was reminded of a lifetime as a Roman soldier in which he died by the blade of a sword to his intestines.

The reading stated that as a soldier in that lifetime, he visited villages before and/or after Jesus visited the same villages, without having actually met him in person. Although he was a follower of a pagan religion at the time, he always felt a connection with Christ. However, it was not until Alberto died that he saw Jesus' face and felt his wonderful spiritual essence as he (Alberto) passed to the Other Side. In his current life, Alberto has felt a vague recollection of having known Jesus and was confused by this when he was a small boy. This reading helped him understand the connection.

In addition, Alberto has always had an irrational fear of our son dying. If our son gets a fever, Alberto immediately worries that we might need to take him to the doctor or hospital. When Lowell told Alberto that in a past life our son was Alberto's little brother whom he lost in a tragic accident, his irrational fear made so much sense.

The reading indicated that in that past life in ancient Greece, Alberto had a very strong relationship with his little brother. His brother followed him everywhere. Alberto delighted in daredevil feats and his little brother joined him in a few of these antics. One day Alberto decided to dive off a cliff about forty

feet above the water below. He never dreamed that his brother would follow him. Unbeknownst to Alberto while he was in the water, his little brother followed him up the cliff. When he got to the top, he slipped and fell to his death. Alberto was crushed with anguish. He carried his brother back to his parents' village all the while wailing his grief. The intensity of this grief was so strong that Alberto lapsed into a deep depression lasting ten years. On the eve of the day that he contemplated suicide, his brother came to him in a vision. Frightened beyond imagination, Alberto listened as his brother gave his forgiveness and encouraged Alberto to forgive himself thus saving Alberto from death. Alberto clung to the message of forgiveness from his brother for the rest of that lifetime.

Lowell assured my husband that his current fear of losing our son in this life is his sense of losing him in the past life in ancient Greece. He encouraged Alberto to focus on the joy of his interactions with our son as opposed to dredging up past grief. This past life also highlighted our son's extreme cautiousness in this life of doing physical things in which he feels he could become injured. The intensity of the reading was extremely powerful and emotional. We are deeply indebted to Lowell for helping to heal my husband's fear of losing our son.

Lowell also confirmed that our son has crystalline energy. We have known about our son's strong spiritual presence and Lowell's confirmation and suggestions to foster this energy have been very helpful. I have never met someone as strongly intuitive as Lowell. Even before I asked a question, he was there with an answer.

***With grateful hearts,  
Beth and Luis***

***Jim (Bart) Bartelloni***

Lowell did a reading for me in March 2008 which helped me discover my spiritual essence and helped answer many of the dreams and inner dialogue questions that I had been having. By listening to Lowell and meditating on the information that he gave me, I was able to harness a connection to Spirit, which I never would have known existed. It was very helpful that we were able to discuss my deceased father and his spiritual being and how easy I could connect to him. I was so impressed with his genuine and passionate personality that I had my daughter's reading conducted by Lowell. This has helped her understand potential college choices and her life direction.

***Many Thanks,  
Bart***

***Margaret Miller***

I met Lowell at a friend's home in October of 2008. It was a very nice get together. However at the time, I did not realize how much I would benefit from that visit. My son had passed away ten years previously. I had always been troubled regarding his demise because on the death certificate it was determined that he had died by suicide. I had attended several SOS meetings after my son's death, but I never felt that I belonged. After meeting with Rev. Smith, I understood why. Rev. Smith told me that my son's death was not self-inflicted – that there were others involved. Lowell also brought out some other factors that no one knew but myself.

Lowell also talked about my late husband. My late husband developed tonsil cancer and had surgery five years previously. He passed away from complications from pneumonia on March 27, 2003 and on that same day, my mother was hit by a car and killed twelve years earlier. Lowell remarked that there was something wrong with Rod's voice as he couldn't speak very clearly, and in fact Lowell was having difficulty speaking [he was coughing] when he told us this. To my surprise Lowell commented that Rod would rather be where he is [in Spirit] because his [Rod's] voice was very important to him, as he was a pilot for many years. This was so true about my husband, and Lowell could not have known that.

I am looking forward to visiting with Lowell in the future, as he is very much an inspiration. His bringing forth the information that he did in such a caring and gentle manner was truly a blessing.

*Sincerely*  
*Margaret R. Miller*

*Nancy Robinson*

I met Lowell several years ago and at that time he encouraged me to follow my instincts and do what I knew was best for me. He warned me that my son needed support and help with a personal issue. I said unfortunately my son insisted on being out of communication with me and would not accept my calls. Lowell suggested that I have my son call him, but my son would not.

Lowell's reading about my health issues gave me confidence in my own intuition. I could feel his strength when he communicated messages from beyond the visual. He assured me that my main issue, my stomach, was being caused, as I had suspected, by an osteoporosis medicine I was taking at the time. I dropped the medicine and its sister variations. I increased my exercise, walking, weight training, and Hatha yoga. Two years later, my doctor was amazed that I was definitely improved. A colonoscopy confirmed that my stomach was probably being damaged by those osteoporosis medicines.

Another issue at that time had to do with a new friendship I had just begun. Lowell teased me a bit and asked, "Why are you both being so formal and stand offish?" I laughed and said it felt correct to do so. He said, "Just trust that your friendship is just what you think it is." I smiled. Three years later I have to admit that this is the most nurturing friendship of my life. I am amazed that I am so content.

Recently, my life has been going well but my son, who still refuses communication, was in serious trouble. Lowell envisioned that this son was on the cusp for either positive change or destruction. I shuddered for I realized how volatile his life had become. He was an early member of the group facing foreclosure, more than that, he was recently divorced, had lost his job and company, had wrecked his truck, and was facing bankruptcy. By now he had refused to speak to me for the past four years. After the session with Lowell I prayed for this son regularly as Rev. Smith had encouraged me to do, and when I was notified that he was suicidal, from behind the scenes I supported the family's efforts to show him alternatives to his self destruction. I held off personal communications until he approached me. Recently, in our own communications, I mentioned that he seemed to be grieving his recent losses. That comment released a flood of heartfelt comments. Now he and I are again in communication. I pray he is gaining the strength and wisdom to face and solve his problems. He seems to have come through the fire of self-doubt and gained the courage and strength to move forward in his life.

I thank Lowell for giving me the courage to trust my own instincts in difficult times and act or not act from my own power. Lowell is a soul felt presence in times of need for me.

*With grateful respect,*  
*Nancy Robinson*

*Craig B.*

My family and I have had several readings with Lowell and we have found the information in the readings to be accurate and helpful in understanding ourselves. He has provided past life links that help explain current situations and directions. This has helped me awaken more to my spiritual side and help me grow as a soul. An example is that I have always enjoyed the outdoors and being in a forest and places where there is a chill in the air. I feel a certain peace and renewal there. I also love maps and learning about new cultures. I had not mentioned this to Lowell before. In my first reading, Lowell told me how in a past life I was an explorer of the Ohio and Wisconsin areas and that I was attuned to nature and enjoyed that lifetime so much I could even do some similar work today. I felt inside he was spot on and even now I can see the lure of that type of experience.

When I lost my job of 23 years, I was worried and went for a reading with Lowell. He told me that the Universe was creating an opportunity for me to move in a different direction, that this was not a punishment but an opportunity. This allowed me to move past the shock and fear of the situation and move into the light. I used this to help propel me to find a new job. I wrote up eleven qualities of my new job and I found a job that matched all of the qualities.

Lowell has helped my family come to a better understanding of our dynamics and how we can get through some challenging situations. We have come upon information through Lowell that has helped us understand certain feelings, which allowed us to close the loop on some experiences and to move forward. Every time we saw Lowell we have always left feeling better and more enlightened than when we arrived.

Lowell has a good understanding of how to relate psychic information he receives into helpful information for the healing and growth of the soul seeking advice.

***With much appreciation,  
Craig***

### ***Leo Sveikauskas***

I have been on a spiritual path for many years, studying the Search for God books of Edgar Cayce and meditating and praying for people. It is lonely work, since many people are not aware of spiritual currents or the spiritual dimensions of everyday life.

I have had eight readings from Lowell. It is remarkable that he is able to read a person's spiritual development accurately, with a clear understanding of how Spirit is developing within a person, and how it will express itself and develop in the future. Lowell can also see the motivations and spiritual level or potential of other people in one's life, which is often very helpful. Lowell's readings have helped me greatly in focusing on the central issues of my spiritual growth and allowed me to advance on this path more rapidly. Many of my friends, from Search for God Groups or others, have also received readings from Lowell and similarly consider the insights they have obtained on their own lives to be remarkable.

That sums it up, but perhaps some specific examples will give a flavor of how all this works. In my first reading, Lowell was able to note that my father had been interested in spiritual issues, but had not been able to carry out these interests very much. Lowell also remarked that my twin brother had once been much poorer than I but was now much richer. I came to another reading with much spiritual energy after listening to the Dalai Lama and some Tibetan monks. Lowell began that reading by noting the spiritual presence of a Tibetan monk.

My wife Cathy has also had several readings from Lowell. Lowell generally starts out by discussing exactly the issues she had been thinking about in her drive over to Fairfax County. When my wife asked Lowell about her health, he mentioned she was about to have a hip condition. About eight months later, a pain in the hip arrived due to sciatica.

Though specific examples such as these can provide some impression of the type of information that comes through, the real heart of the readings is the clear vision of each person's individual development. To know that Lowell is capable of such a detailed knowledge of each individual human life has changed my understanding of how the universe works, and the depths of helpfulness to which each person may aspire.

I believe that when this book is published, and Lowell appears on the Oprah Winfrey show (my guess), people around the world will learn about the insights and guidance that Lowell can provide. I just hope that my wife and I will still be able to schedule an occasional reading. (I would hopefully suggest that Lowell reserve 9:00 am to 11:00 am readings every morning for pre-Oprah clients.) Whether we are ever able to see Lowell again or not, we will remain grateful for the readings and appreciate the insights we have learned from them.

***Leo Sveikauskas***  
***Bethesda, Maryland***

***Steve Bracewell***

I have been on a spiritual quest for many years before meeting Lowell at a spiritual gathering at a community center about six years ago. I saw an ad for a psychic fair at the Unity Church in Frederick, Maryland and felt drawn to go. When I arrived, there were a number of booths and tables and as I walked around, I was drawn to Lowell's table. He was in a session with another person and there was a waiting list but I was drawn to sign up and bided my time at other tables until the appointed time. The other sessions ran longer than expected and when it was my turn, the place was closing. Because of the chaotic and disruptive nature at the end of the day, we decided to schedule another time and we met about a week later (everything happens for a reason).

Here I must digress – I have had a number of readings over the years and learned there are readers out there that are just not for you. However, Lowell's reading was to the point and did not have a lot of BS included. He uses an avenue that is not used by many psychics. That is the tapping into what is known as the Akashic records. I had experienced other readers that used that method and always have been impressed with the accuracy. Lowell's accuracy was very impressive. When I left, I had a very good feeling about the reading and Lowell's ability to get his own stuff out of the way. This became much more impressive when years later, I found out there was a lot of experiences that Lowell had come through that could have gotten in the way. Almost all of the information that has come through has had a meaning to me.

Some of Lowell's readings have been so accurate to include possible future choices I had to make that at the time. The information made no sense to either of us at the time. And the readings have always included information that there is no way Lowell could have known. I have always interpreted this to be a possible direct communication with my higher self.

I have referred several of my friends to Lowell and everyone has been helped with his readings. Each one that I referred has later called me to thank me for my suggestion.

***Sincerely,***  
***Steve Bracewell***

***Terasama Masaji***

I tried several times in many different ways to get information about my past lives. For example, I went to The Monroe Institute and took several classes, and a few times I had private readings by phone, but none of these worked for me. I met Lowell at The Monroe Institute several years ago [Jan 2005] and kept communicating with him because I noticed that there was something different about Lowell from other psychics I had met. One day I asked Lowell for a past life reading which he agreed to do.

During the reading, I found out that I had a life in China as an art performer, which I am in my current life. I also learned that my father was killed in that lifetime and I told Lowell that I had bad dreams about that experience every once in awhile throughout my life. Since that reading I have had no more bad dreams. I also learned that in another lifetime in Japan, I was killed by being shot in my neck by an arrow. Although Lowell could not have known this, I had been having trouble with my neck for a very long time. However, after that reading, my neck pain is almost gone. I was very surprised that I had such kinds of past life experiences. To be able to review my past lives has been very powerful and interesting, and these reviews have also cleared up several physical troubles I have experienced as well. Lowell is truly amazing.

***Sincerely,***  
***Terasama "Candyman" Masaji***

***masajiterasawacandyman@hotmail.com***

**Comment:** Masaji performs at Disney World in Orlando and throughout the United States, Europe and, of course, Japan. He is an amazing artisan creating these amazing ‘origami’ like figures out of ‘candy.’ He has a great gift that he brought from a past lifetime and I am honored being called a friend. Check out the following video link for his work:

<http://www.masajicandyman.net/>

***Art Mitchell, Ph.D.***

To me, Lowell represents a connection with reality, a link to what I “think” I cannot access myself. Too much identification with the physical world and my thoughts, and dare I say those of others, get in the way. I consider someone with Lowell’s abilities “a miracle.” I trust him explicitly, and the readings he did for me as well as for my *Indigo* children had a great impact; always uplifting, encouraging and never boring! He has advised me on past lives and recurrent themes of embracing challenges and exploration. He has enabled me to understand that certain insecurities such as low self-esteem, which were prevalent when I was younger, have a basis in unresolved actions in the distant past. Knowledge is power and can break old patterns. He has advised me also on strategies to deal with whatever comes my way with the understanding that not just “this too shall pass” but rather I do not have to react from a place of past events. I am learning that “wherever I go, there I am,” an obvious statement but actually quite profound as it points to the joy of living in the Present. More and more each day I am able to do this, focusing not on the goal but rather the steps, and it brings great joy to the moment. So, thank you Lowell, my friend, for being who you are and doing what you do so well.

***Namaste,  
Art Mitchell***

***Ingrid***

I had a session with Lowell when I was under a great deal of stress from multiple sources. Without explaining my current situation to him, Lowell said that he had an image of hot lava churning underneath the surface, and that I was bouncing along above it. That was exactly me at that time. It was so comforting and validating for me to know that someone truly understood how greatly distressed I was. His spiritual counsel helped me put things in perspective.

I was very close to my mother and when she died I missed her very much. Through Lowell’s contact with my mother, he gave me insight into her life on the other side. I was very comforted to know about her learning and good works.

***Take care and good luck finishing the book,  
Ingrid***